

# 2014 MCH Cancer Committee Summary

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Community Education Coordinator



# Standard 4.1 Cancer Prevention

## Standard 4.2 Cancer Screening



# Prevention and Screening Programs

## 4.1

Each year, the cancer committee provides at least 1 cancer prevention program that is targeted to meet the needs of the community and should be designed to reduce the incidence of a specific cancer type. The prevention program is consistent with evidence-based national guidelines for cancer prevention




# Prevention and Screening Programs

## 4.2

Each year ,the cancer committee provides at least 1 cancer screening program that is targeted to decreasing the number of patients with late-stage disease. The screening program is based on community needs and is consistent with evidence-based national guidelines and evidence based interventions. A process is developed to follow up on all positive finding.




# MCH Skin Cancer Screening



COMMUNITY  
EDUCATION  
CALENDAR


MAY 2014



No one knows more about the health and safety of children than Miami Children's.

Miami Children's Hospital offers many unique programs and services to the community. Here are a variety of classes and programs on health and safety issues that benefit both parents and their children. We're here for the children and the community.


**Skin Cancer Screening**  
Monday, May 12  
MCH Main Campus Division of Dermatology—  
Children's Skin Center



*Cost: Free with registration*

The Children's Skin Center at Miami Children's Hospital is hosting its annual skin cancer-screening day providing complete skin examination for the early detection of squamous cell carcinomas as well as basal cell carcinomas and melanomas. This is a gift to the community, the free screening is not conditioned on ordering any other items or service from Miami Children's Hospital or its Medical Staff. This screening is provided free of charge to adults and children by appointment only. For more information or to schedule an appointment, please call Michelle Machin at 305-669-7169 or 305-669-6555 option 2.


**Breastfeeding Class**  
Thursday, May 29  
6:30 p.m. to 8 p.m.  
MCH Main Campus - Michael Fux Family Center



*Cost: Free with registration*

This class is designed for expectant mothers, breastfeeding mothers and their families. Fatima Gonzalez, Lactation Specialist at Miami Children's Hospital, will discuss the importance of breastfeeding. Topics will include: breastfeeding basics such as pumping, diet and medications, and guidelines on storage. To register, please e-mail wendy.johnson@mch.com or call 305-662-8282.


**Diabetes Support Group**  
Second Wednesday of each month  
7 p.m. to 8 p.m.  
MCH Main Campus



*Cost: Free with registration*

This diabetes teen support group is open to those with type 1 diabetes ages 13 to 17. Topics of discussion include the latest in diabetes research to the latest in insulin pump therapy. The primary goal is familiarize teens with diabetes care and create opportunities for networking with their peers. Registration is required. Please call Awilda Valdes at 786-624-4571 or email awilda.valdes@mch.com for further information or to register.


**Parenting Skills Group**  
Fridays  
9 a.m. to 10 a.m.  
MCH Main Campus



*Cost: \$125 total per family for five sessions*

This group is designed for parent and caregivers of children under the age of 10. The program will offer techniques and strategies to increase cooperation with your children as well as help to develop and nourish a positive parent-child relationship. Participants will have the opportunity to interact with other caregivers facing similar challenges. For more information or to register, please call 305-666-6511 extensions 3539 or 8503.


**Fibromyalgia Support Group**  
First Saturday of each month  
Noon to 2 p.m.  
MCH Palmetto Bay Outpatient Center  
17615 SW 97 Ave. (Tranvia Rd.)



*Cost: Free with registration*

This group was designed to promote awareness of fibromyalgia and provide support for all people touched by this disease. Please contact Maria Vazquez at 305-898-1699 or fibromiam@gmail.com for more information.


**CPR Class**  
Wednesday, May 21 (8:00am)  
6 p.m. to 8 p.m.  
MCH Main Campus



*Cost: \$25 per person or \$40 per couple*

This course in pediatric CPR teaches parents, grandparents and caregivers how to administer CPR to infants and children. Please call 305-662-8282 for more details about classes or to register.


**Child Passenger Safety**



*Cost: Free with registration*

Child safety is our priority. Child passenger safety technicians will check your child's seat for defects, recalls, installation and proper fit. Please call 305-663-6800 for additional information.

**Swimming Classes**  
MCH Dan Marino Outpatient Center  
2000 S. Commerce Parkway in Weston



*Cost: \$240 for eight individual lessons or \$160 for eight lessons in a group setting*

Knowing how to swim saves lives. Swimming and water safety lessons are offered by a trained instructor for babies as young as 6 months to adolescents up to 21 years old. For more details about classes, please call 954-385-6295 or email aquatics@mch.com.

3100 S.W. 62nd Ave., Miami, FL | 305-666-6511 | www.mch.com | Community Education Department 305-662-8282 | To access our speaker's bureau, please call: 305-662-8282.

Miami Children's Hospital is a not-for-profit 501(c)(3) charitable organization. MCH-PCB1404-0003

\* Free Skin Cancer Screening to MCH staff and anyone in community provided by the Department of Dermatology

\* 15 individuals participated in screening



To raise awareness of melanoma and other types of skin cancer, and to encourage early detection through self-exams, the American Academy of Dermatology designates the first Monday in May as Melanoma Monday®.



# MCH Pediatric Care Center Sun Safety and Skin Protection Week

- May 19-23, 2014
- 213 Patients/Families visited the clinic



- Educational material provided to patients and families
- Give-aways included sun screen and sun glasses
- Focused education: skin protection while out in the sun







# National Cancer Survivors Day

## National Cancer Survivors Day

Join the Celebration!

Florida Marlins Game

Sunday, June 1st, 2014

1 :00 pm

Marlins Stadium

Reserve your ticket to attend this Marlins baseball game and celebrate Cancer Survivors Day. Child and immediate family members only.

*Limited space available. Parking not included.*

*(Center Field parking garage recommended)*

For more information or to RSVP, please contact

Michelle Burke at 305-666-6511 x-8575

or [michelle.burke@mch.com](mailto:michelle.burke@mch.com)

*RSVP CONFIRMED FAMILIES - Ticket pick up June 1st at Center Field entrance gate from 12:00 to 12:30 pm*



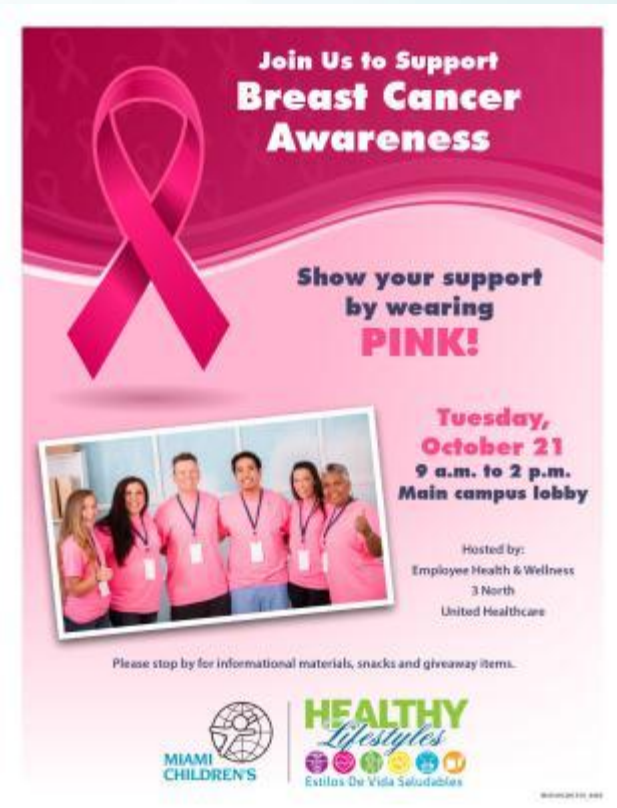
# Pediatric Cancer Awareness

September 29, 2014 a event hosted to educate on pediatric cancer.



# Breast Cancer Awareness

- \* October 21<sup>st</sup> the Cancer Center participated in Educational Event in collaboration with
  - \* Employee Health
  - \* Employee Wellness
  - \* United Health Care
- \* Over 150 people received information on prevention, screening and breast cancer facts





# Great American Smoke-out

- November 20<sup>th</sup> the Cancer Center participated in Educational Event in collaboration with
  - Employee Health
  - Employee Wellness
  - United Health Care
  - AHEC (Area Health Education Center)
- Information on smoking cessation, benefits of quitting smoking, programs and support for people who have quit, lung cancer facts and screening / prevention.





## MCH Health Connect in our Schools

- **South West Senior High School 2014 Health Fair** held on April 3<sup>rd</sup> : Cindy Harrah, ARNP, provided education related to dangers of smoking and tobacco use. 2,500 students attended
- **Blue Lakes Elementary School 2014 Health Fair** held on May 5<sup>th</sup> Lissette Cruz, RN, provided education to students related to protecting skin from the sun. 500 students participated in the health fair
- **Mays Middle School 2014 Health Fair** held on May 7<sup>th</sup> : Kristina Walker, LPN, provided education related to dangers of smoking and tobacco use. 550 students attended

