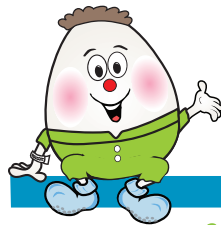




**Nicklaus
Children's
Hospital**



Humpty Dumpty Falls™

Preventing falls, enhancing safety.

March 2016

In This Issue

- Humpty Dumpty Falls Prevention Program Receives Top Magnet Prize®
- Where is The Humpty Dumpty Falls Prevention Program™?
- Humpty Dumpty Falls Prevention Program Impacts Children around the Globe
- Multi Site Research update



Humpty Dumpty Falls Prevention Program Receives Top Magnet Prize®

Nicklaus Children's Hospital is recognized for the Humpty Dumpty Falls Prevention Program. The American Nurses Credentialing Center announces Nicklaus Children's Hospital as the winner of the ANCC 2015 Magnet Prize® sponsored by Cerner.

At the ANCC National Magnet Conference® in Atlanta, GA, the American Nurses Credentialing Center (ANCC) announced Nicklaus Children's Hospital, a part of Miami Children's Health System, in Miami, Florida, as the winner of the ANCC 2015 Magnet Prize® sponsored by Cerner, a global leader in health care technology.

This award recognizes innovative nursing programs and practices in ANCC Magnet®-recognized organizations. Cerner encourages cutting-edge nursing programs and practices by sponsoring the \$25,000 purse attached to The Magnet Prize®. The prize money continues to advance or disseminate the innovation that was selected for The Magnet Prize.

"We are pleased to honor the remarkable innovations Nicklaus Children's Hospital achieved to prevent injuries in children due to falls, and to advance nursing care," stated Linda C. Lewis, MSA, RN, NEA-BC, FACHE, chief ANCC officer.

The Magnet Recognition Program® recognizes health care organizations that provide the very best in nursing care and uphold the tradition of professional nursing practice. Winning organizations must meet specific criteria such as extraordinary nursing activities that have been sustained over an extended period of time, innovations that are beyond the characteristics of Magnet organizations, and positive outcomes that have been demonstrated and empirically linked to the innovation.

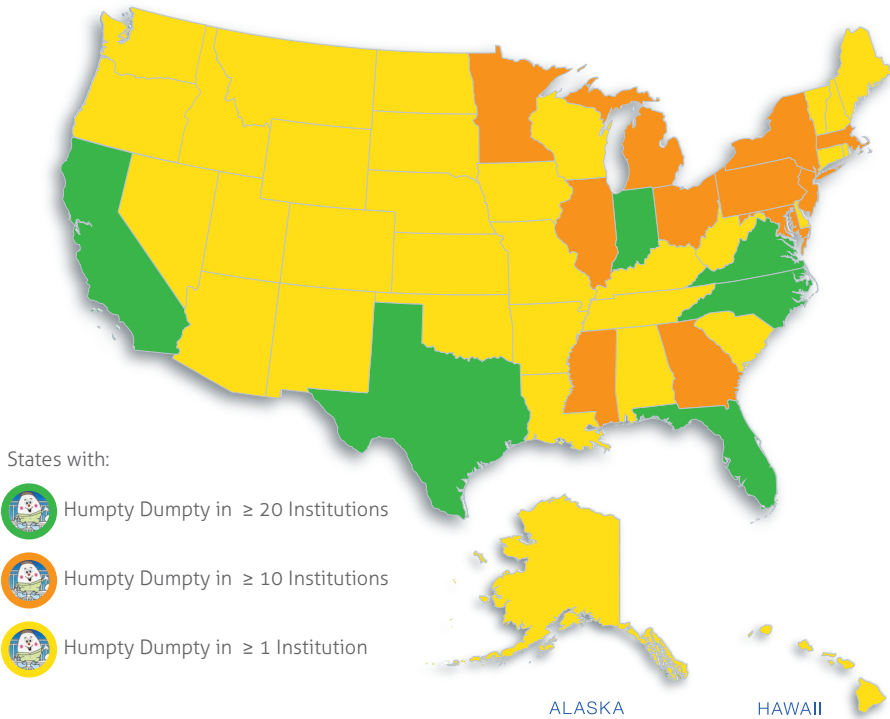
"Cerner is continuously working to provide the most innovative and efficient health information technology solutions designed to support evidence-based clinical practice, quality care and improved outcomes," said Eva Karp, RN-BC, MBA, FACHE, senior vice president and chief clinical

▶ [Continues on page 4](#)

For more information about the program or research study please email humptydumpty@mch.com

Where is The Humpty Dumpty Falls Prevention Program™?

The Humpty Dumpty Falls Prevention Program™ is currently in over 900 hospitals across the nation and over 160 internationally. The ultimate goal of the program is to improve the quality of care and reduce the risk of injuries in pediatric patients across the globe. The vision is one of recognition and sharing of best practices and research to keep children safe around the world.



North America

- Bermuda
- Canada (13)- Medicine Hat, Windsor, St. Thomas, Brampton, Vancouver, Markham, New Brunswick, Toronto, Vancouver Island, Sudbury, Nova Scotia

South America

- Brazil (2)- Soa Paolo, Cotia

Australia

- Australia (95)- Sydney, Sydney South, Broken Hill, Campsie (NSW) Melbourne, Alice Springs, Broome and Hamilton, Tasmania, Queensland, Wangaratta
- New Zealand (2)- Hamilton, Capital and Coast

Europe

- Italy (3)- Rome, Ponte Lambro, Firenze
- England- London
- Spain (2)- Andalusia, Alicante
- Belgium- Brasschaat
- Portugal (2)- Libon, Combra

EuroAsia

- Kingdom Of Saudi Arabia (7)
- United Arab Emirates (15)
- Israel- Petach Tikvah
- Dubai

Asia

- Indonesia (2)- Jawa Barat, Kota Palembang
- Japan- Kamogawa City
- Hong Kong (2)
- Philippines- Manila
- Singapore



Miami Children's Hospital Humpty Dumpty Falls Prevention Program

Humpty Dumpty Falls Prevention Program Impacts Children around the Globe

"The General Hospital of Itapeceira da Serra, Sao Paulo, Brazil has experienced a decline in pediatric patient falls after implementing the Humpty Dumpty Falls Preventions Program from a rate of 1.16 per 1000 patient days in 2013 to 0.89 per 1000 patient days in 2014."

Lisiane Valdez Gaspary – Qualidade, Gerente da Qualidade e Segurança, Hospital Geral de Itapeceira da Serra

"Our users much prefer it over the scale we previously used. The feedback is that this scale takes into consideration more unique elements of childhood. Yes, more patients score "at risk," but the truth is that the hospitalized child is at risk for falls due to the identified factors – growth and development, medications, procedures, diagnosis, etc."

Sandy Johnson, Nursing Informatics, Children's of Alabama

"Benefits: Pediatric specific, evidenced-based and ease of use. Outcomes: Our fall rate has remained less the 0.01 since implementation- this is per patient volume not days as it includes ED and inpatient. So, the program has been successful."

Martha Gurzick, MSN, RN, CCNS, CEN, Pediatric Clinical Nurse Specialist, Department of Nursing Professional and Clinical Development, Frederick Memorial Hospital, Fredrick, MD

"CECH at BHMC implemented the Humpty Dumpty Falls Prevention program in 2012. It has been a great tool and resource for our children's hospital. I know we feel competent in supporting a fall program that is evidence based and nationally recognized. You have always been a great resource for us and the collaboration is beneficial to all the children whom we serve."

Nicole Sant'Elia, RN MSN ARNP CCRN, Nurse Manager- Pediatric Hematology Oncology Unit, Pediatric Outpatient Infusion Center, Child Life & Music Therapy Programs, Broward Health Medical Center, Chris Evert Children's Hospital, Ft. Lauderdale, FL



"We have used the Humpty Dumpty program at Catskill Regional Medical Center for the past 6 years. We have had no pediatric falls since implementation."

Karen McKoy, Catskills Regional Medical Center, Harris, NY

"Since implementation of the Humpty Dumpty, we have seen a 20.1% reduction in our reported inpatient falls."

Cherilyn Ashlock, All Children's Hospital, St. Petersburg, FL- Implemented 2014

"Prior to adopting the HD, we reviewed the literature for a validated pediatric fall risk assessment tool. We found the HD sensitivity to be better than our current tool based on internal quality improvement work. Participating in the current research study conducted by Miami Children's which examines the psychometrics of the HD tool will allow us to re-evaluate the sensitivity and specificity of the tool one year post implementation and allow us to explore potential gaps in reliability. While inputting study data, we have already uncovered gaps in the functionality of our EHR in capturing information needed to complete the tool accurately. We have used this opportunity to engage our nursing informatics team in discovering solutions to better capture fall risk factors for our patients here at CHOP."

Kimberly DiGerolamo, Children's Hospital of Philadelphia

"My organization is an adult hospital with a small 8-bed pediatric unit. We incorporated the Humpty Dumpty several years ago. The staff appreciates having a scale that recognizes that boys can be a higher fall risk. Our unit serves patients age 0-20 and we use Humpty Dumpty on all of our patients. Last year when The Joint Commission was here and questioned the use of this scale on a 19 year old MCH provided documentation regarding evidence based practice and TJC approval for patients up to 21 years of age. It was awesome to share with the surveyors that the scale we were using had tested and approved. It is rare for us to have any falls. Over the past two years there have maybe been 2."

Julie Bowen, RN, BSN, Clinical Supervisor Pediatrics, Community Regional Medical Center, Fresno, CA



► From cover page:

officer, Cerner. "We are proud to recognize Nicklaus Children's Hospital for its outstanding accomplishment using the Cerner electronic health record."

Nicklaus Children's Hospital is recognized for the Humpty Dumpty Falls Prevention Program. Pediatric safety prevention is a focal point of the educational endeavors at Nicklaus Children's Hospital. This facility is a leader in developing a tool to prevent pediatric falls and thereby enhance safety. This fall-prevention program is proven to be an effective tool in the prevention of unintentional injury due to falls and is used around the world.

This program exemplifies nursing excellence and is proven to help nurses deliver high quality health care for patients. The Humpty Dumpty Falls Prevention tool is currently in use in more than 1,150 hospitals around the world, including facilities in all 50 U.S. states, all U.S. military branches and 18 countries situated in six continents.



"The dedicated and talented nurses of Nicklaus Children's Hospital continue to demonstrate their dedication, commitment to clinical excellence and patient safety with the innovative development of the Humpty Dumpty Falls Prevention Program. Hospitalized children around the globe are safer today and we are excited to be the recipient of the prestigious Magnet Prize from the American Nurses Credentialing Center, sponsored by Cerner," said, Jackie Gonzalez, DNP, MBA, ARNP, NEA-BC, FAAN, senior vice president/chief nursing officer, Nicklaus Children's Hospital.

Multi Site Research update

The Nicklaus Children's Hospital team has continued to research and accumulate evidence of the effectiveness of the Humpty Dumpty Falls Prevention Program™ in reducing falls in children. The Nursing Research Department at Nicklaus Children's is currently leading a five-year multisite study that began in 2011 to continue measuring and quantifying the impact of the Humpty Dumpty Falls Assessment Scale, particularly with international populations. Recruitment of new participating institutions ended as of December 31, 2015. We have 16 enrolled institutions, consisting of three international institutions and the remaining institutions being located throughout the United States. The Nursing Research Departments will be analyzing the data of the participating 16 institutions to eagerly further disseminate the study's outcomes on the validation of the Humpty Dumpty Fall scale. The outcomes of this study will provide important information regarding the continued validity of the Humpty Dumpty Falls Assessment Scale, across multiple settings and identify areas for continuous quality improvement of the program.

For more information please contact us at humptydumpty@mch.com

